

TRAINING IN FOLK & CREATIVE DANCE

रसभावव्यञ्जनादियुक्तं नृत्यम

Dance is the language of the mind. It is not only movement of the body, but also exchange of feelings with rhythm.

Training Programme in Folk and Creative Dance was introduced in the session 2019 – 2020 for the students of the College.

Objectives of the Course

1. To nurture the creative impulse of the students.
2. To create awareness about dance forms.
3. To acquaint students with the Indian Culture.
4. To achieve creative harmony of mind and soul.

Course Outcome

After completion of this Course, students would

1. Be able to express themselves creatively.
2. Be trained in various dance forms of these categories.
3. Be able to transmit their skills and training to other aspiring learners.
4. Be more confident towards their approach to life.

Syllabus

Folk Dance: 1. Bengali, 2. Marathi, 3. Bihu, 4. Dandiya, 5. Panjabi

Creative Dance Form: 1. Rabindra Nabarasatak, 2. Contemporary, 3. Bharatnatyam